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## Dates to Remember

**Special School Lunch**  
Sponsor an Indian Family  
Friday 9<sup>th</sup> June

**Be Kind Day**  
Dress in PJ's  
Free Hot Chocolate  
Friday 23<sup>rd</sup> June

**Disco**  
Friday 30<sup>th</sup> June

## School News

Hello everyone and welcome to Week 6.

We would like to extend a sincere thank you to everyone who attended Mr B's memorial on Saturday. Congratulations to Ashton, Finn, Mayson, Jack, Jarrah, Trent, Delilah, Carlo, Zali, Celeste and Rebecca, who all confidently articulated their thoughts and feelings for this inspirational man. Thank you also to Amy and Cedar who did a marvellous job as MC under difficult circumstances. Thank you also to all the students who contributed in any small way.



We would also like to extend our appreciation to all families who contributed in anyway, from helping with set up and pack up, supplying food for lunch, to helping in the sports centre kitchen. Your involvement was greatly appreciated.

The Smoking Ceremony was an important part of the day and we would like to thank Bonnie Mackintosh and the McLeod family for their assistance with this process.

Saturday was an important part of the healing process for our school, the students and the community and the Baccanello family valued everyone's contribution to the event.



### Reconciliation Week

Last Thursday our students celebrated Reconciliation Week with a variety of activities. We discovered important information about smoking ceremonies and undertook a cross age peer Aboriginal art activity, which saw our students plan and paint on surfboard fins, to be collated and represent the Aboriginal flag. This will be displayed within the school and we look forward to sharing with you the final masterpiece. In the afternoon, the rain cleared and the students were able to participate in cooking damper at our Centenary Fire pit.

The entire day created positive conversations about our First Nation's culture as we continue to expand our knowledge and understanding and develop a deep appreciation and respect.

### Staffing

Next week Ms R Romanowycz will be on long service leave for the remainder of this Term and we are excited about Murray Adams and Heather Wright taking on her lessons. Murray will work on Monday and Tuesday facilitating Art and ICT and Heather will undertake Year 7-9 Home Ec on Wednesdays and Year 4-9 PE on Fridays. We are also excited about Daniel Ross assisting our secondary students with their Art projects on Mondays from Week 8.

We are also delighted that Priscilla Martinus is able to continue in her Maths and Science role until the end of Term 2. This will provide vital stability for our students, with the secondary role being advertised for the remainder of the Year.

Please have an enjoyable Week 6.

Kind Regards,  
Chad Fleming **Principal**



## School News

### Active After School

Football @ the oval

**Thursday** from 3:30pm - 4:30pm

4-11 year old's

Please bring a drink bottle.



### June Birthdays

24<sup>th</sup> Montana Dodd

24<sup>th</sup> Sienna Moyle

27<sup>th</sup> Celeste Hill

29<sup>th</sup> George Wilson

### SRC CANTEEN LUNCH ORDER

**Friday 9TH JUNE 2023**

Chicken Curry and Rice  
\$6.00 PER SERVE

SRC and Trisha are cooking Chicken Curry and Rice for Lunch. Money raised will help support an Indian Family from Punjab State in North India who are struggling due to world circumstances at the moment.

Orders need to be put in brown paper bags with your name, class and correct money and they need to be delivered to the box outside the Home Ec room by 9am on Friday 9<sup>th</sup> June. Thanks



### SRC-Thai Green Curry Day



This week SRC are sponsoring a Thai Green Curry Lunch to support the Vilay Kundlas Family from Punjab, north of Delhi in India. The family has been sponsored by the Tomlinson family for 7 years and the SRC is looking to support the children's education for a better future. Since COVID, the father hasn't had much work as a tour guide and these funds will be greatly appreciated by the family.

*Thai Green Curry and rice will be available for \$6.00 on Friday week 6 and all proceeds will go to the Kundlas Family.*



### YEAR 9 CELEBRATION OF ENGLISH LEARNING

While the first half of this term has been an extremely difficult time for students and staff, I am pleased to report that great work has continued in Year 9 English. In our unit – *Classic Stories meet the Cinema* - students have been busy working in groups to transform either a myth, fable, fairy tale etc. into a contemporary story, including writing a script for their new version. Students have also considered the four elements of "mise-en-scene" (i.e. "staging an action" including setting, lighting, costume and performance), as part of creating their storyboards. The next exciting instalment will be the filming, which students will start on location at EAS in Week 6. To complete their projects, groups will then write a directors' statement explaining how together, they transformed a source into an original short film, to engage an audience. I am really looking forward to what the Year 9 class will create, as well as the sharing of their films in future!

Ms Hill (Year 9 English/HASS teacher)



### SRC Term 2



**Week 6-** Special school lunch

*Sponsor Indian Family- (Friday- lunch orders)*

**Week 8-** Be Kind Day- Friday....Dress in PJ's

**Week 9- School Disco-** (organised by Junior Primary)

**Lunch Orders Every Friday**



## Fin Designing





## RECONCILIATION WEEK



5th June 2023. Term 2, Week 6



ELLISTON AREA SCHOOL  
PRESENTS

# it's time to Disco



COME DRESSED AS YOUR FAVOURITE

## Disney/Movie character



**\$2 ENTRY FEE**

CHIPS, FRUIT BOXES.  
CHOCOLATES, POPCORN  
AVAILABLE TO PURCHASE

**START 5.30PM  
FINISH 7.30PM**

**FRIDAY 30 JUNE 2023 | SCHOOL ACTIVITY ROOM  
PARENT/CARER SIGN IN AND OUT REQUIRED**

## Community News

### Elliston Districts Football and Netball News



### Elliston Thursday Training Night

#### Football Training

U12 Auskick

3.30pm – 4.30pm

U12, U16 Colts

4.30pm

Seniors (Tuesday and Thursday)

6.30pm

Colts Welcome

#### Netball Training

E Grade, E Reserves and E3 Netball Training

4.30pm - 5.30pm

Senior Netball Training

5.30pm – 7.00pm

#### Net Set Go

3.45pm - 4.30pm

Kimberly Dolphin will be running Net Set Go, with support from Larissa Carter.



**ELLISTON DISTRICTS  
FOOTBALL & NETBALL CLUB**

#### Thursday Night Teas

Elliston Sports Centre

Junior Netball and Football Families

(One volunteer per family please)

| Date                             | 6:00-8:30                                    |
|----------------------------------|----------------------------------------------|
| Thursday 8 <sup>th</sup> June    | <b>Mortlock</b>                              |
| Thursday 15 <sup>th</sup> June   | Potter, Jacobs, Tesselaar                    |
| Thursday 22 <sup>nd</sup> June   | Scott, Jervis, Thompson                      |
| Thursday 29 <sup>th</sup> June   | <b>Bye</b>                                   |
| Thursday 6 <sup>th</sup> July    | <b>Kinlough</b>                              |
| Thursday 13 <sup>th</sup> July   | Carter, Dolphin, Sampson                     |
| Thursday 20 <sup>th</sup> July   | Pryor (M&R), Donovan, Agars                  |
| Thursday 27 <sup>th</sup> July   | Phillips, Fleming, Romanowycz (Stevie/ Todd) |
| Thursday 3 <sup>rd</sup> August  | Nunan, Monaghan, Romanowycz (Rosie)          |
| Thursday 10 <sup>th</sup> August | TBA                                          |
| Thursday 17 <sup>th</sup> August | TBA                                          |

**Finals**

We have employed a kitchen manager at the Elliston Sports Centre and we are looking for Volunteers to help out on Thursday nights.  
Please organise your own swap if you are unable to make your shift.  
Thanks for volunteering your time!



The District Council of Elliston is offering an amnesty for unregistered dogs until 22nd June.

**FREE** registration is available now!

Renewal notices will be sent out in July and will be due 31<sup>st</sup> August 2023.

Don't be caught out with increased fines for an unregistered animal. Register your dog at

[www.dogsandcatsonline.com.au](http://www.dogsandcatsonline.com.au)

If you are unable to use the internet, call or head to the Council office for assistance 8687 9177.

### Community Health Nurse

Jess Bascomb - Registered Nurse

Available to all community members for non-emergency care. Bloods, wounds, suture removal, and much more

Working - Monday Tuesday Thursday and Friday

Call the Elliston Health Centre for an appointment  
86879012

#### Country Health Connect – Visiting Services

Social Worker/ Community Counsellor – Tuesday 6<sup>th</sup> June

Physiotherapist – Tuesday 6<sup>th</sup> June

Podiatrist – Tuesday 6<sup>th</sup> June

Speech Pathologist – Tuesday 6<sup>th</sup> June

#### Country and Outback Health

Podiatrist – 21<sup>st</sup> of June

Dietician – 19<sup>th</sup> of June

#### **Other available services:**

Diabetes Educator

Counselling Services

Respiratory Nurse Home Care Package Co-Ordination

Allied Health Assistant

Home Support Workers

Community Nurse

Community Midwife

Occupational Therapist

Home Equipment Hire

Please phone Elliston Community Health for further details  
8687 9012

## Community News

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### Government & Counselling Services

**Acacia Rae Therapy and Wellness - 0491 947 073**  
Acacia Rae Therapy and Wellness is a counselling practice located in Kimba. The service provides individual counselling to young people aged 12 - 25.

**Centacare Catholic Country SA**  
Ceduna - 8628 7600 || Pt Lincoln - 8683 0733 || Whyalla - 8645 3655  
Confidential counselling services for all individuals and families needing assistance with personal, relationship or family issues including pre or post separation counselling. Self referral is welcomed.

**Child & Adolescent Mental Health (CAMHS) Port Lincoln - 1300 222 647**  
Therapeutic counselling from birth - 18 years old with outreach services to Cummins, Ceduna, Wudinna and Streaky Bay. Young people and parents can call to make a referral Monday to Friday, from 9.00am - 5.00pm, excluding public holidays.

**Compassion & Insight Counselling - 0491 203 673**  
Based in Port Lincoln, this counselling service can be accessed through self referral and specialises in mental health therapy, pregnancy, relationship, child & adolescent and postnatal counselling. Contact Heidi to book an appointment.

**Counselling EP - 0427 277 417**  
Self referred counselling and therapy offered in Port Lincoln. Working with you to facilitate a process that explores the reasons behind your presenting problems and helps you work towards a more positive sense of self. Contact Jill for an appointment.

**Country & Outback Health (COBH) Port Lincoln & Whyalla - 8621 3800**  
A range of services available across the Eyre Peninsula region. Referral needed from a GP, Regional Access or Mentally Fit EP. Outreach services available at Ceduna, Cleve, Coffin Bay, Cowell, Cummins, Elliston, Kimba, Streaky Bay, Tumby Bay and Wudinna.

**Drug & Alcohol Service (DASSA) - 1300 131 340**  
A confidential telephone counselling, information and referral service for the general public, concerned family and friends, students and health professionals. Based on the principles of harm minimisation, DASSA offers a range of prevention, treatment and education services for people with alcohol, and other drug issues. Call between 8.30 am to 10.00 pm any day.

**Empowered Counselling Services - 0409 044 021**  
Empowered Counselling offer sessions for all.  
Available In Person (venue negotiable on EP), Telephone and Zoom Call, Message or call Phoebe to book your appointment.

**EP Counselling Services - 0427 013 747**  
Offering a counselling approach aimed to empower and support you to be the best version of your self.  
Art therapy is also a component of this service, which can be accessed through self-referral. Contact Kath to book an appointment.

**Equine Enhanced Well Being - 0488 723 171**  
Specialist counselling services with equine assistance. Provided by a qualified Social Worker with 25 years counselling experience, and 27 years horsemanship, horse care, knowledge and coaching. By appointment on week days. Accepting self referrals, GP referrals, and NDIS clients.

**Eyre Mental Health Services - 8683 2083**  
Pt Lincoln Hospital West Wing, 8.30am - 4.30pm. Referral from GP or specialist.

**Eyre Transformations - 0427 855 088**  
Sharyn and Penny are certified practitioners in Rapid Transformational Therapy (RTT) a proven, safe, effective and personalised therapy using hypnosis as a tool to transform unwanted beliefs and behaviours in adults, teens and school aged children.

**headspace Whyalla - 8641 4330 || headspace Port Lincoln - 8621 3880**  
Providing counselling and support to young people from 12-25 years. Refer yourself or be referred by a friend, family member, health professional or school. The service offers a range of help and covers issues such as relationships and drug and alcohol use.  
Also offering 'stop by' times in Whyalla, Mondays 3pm-5pm & Thursdays 10am-12pm.  
Port Lincoln also runs a range of engagement activities and mental health awareness events.

**Mission Australia Family Mental Health Support Service (FMHSS) - 8645 6900**  
Based in Whyalla/Pt Augusta, FMHSS is an early intervention and prevention support service for children aged 0-18 years (and their families) who are at risk of, or experiencing, issues relating to mental health. Participants can access any FMHSS via self-referral.

**Novita Port Lincoln - 1300 668 482 or [www.novita.org.au](http://www.novita.org.au)**  
Psychology services for Eyre Peninsula, based out of Port Lincoln. No pre-requisites to access services.  
Medicare & Private Health Insurance subsidies offered, as well as NDIS.

**Nunyarra Aboriginal Health Service Inc. - 8649 9900**  
An Aboriginal Medical Centre providing culturally appropriate primary health care in Whyalla.  
Open 8.30am to 5.00pm Monday to Friday, excluding Public Holidays.

**Port Lincoln Aboriginal Health Service - 8683 0162**  
Providing leadership, direction and support on community health issues and strengthening the capacity to improve the health and social wellbeing of Aboriginal people.

**Positive Future Self - 0437 800 733**  
Access to a team of therapists based in Port Lincoln. You can self refer and move forwards towards the life you want.  
Some services offered include therapy, art therapy, neuro-feedback, NLP, hypnotherapy, coaching, training, group therapy and clinical supervision.

**Sheoak Clinical Psychology - 0455 214 648**  
A confidential service specialising in mental health care for Rural Australia.  
Offering Telehealth, and face-to-face in Cleve. Contact Dr Amanda Rogers to book your appointment.

**West Coast Youth & Community Support - 8683 0072**  
Family & Youth, and Drug & Alcohol counselling available in Pt Lincoln.  
Also offering homelessness services and the Healing Circle Day Centre. Self referrals welcomed.

**Whyalla Integrated Mental Health Inpatient Unit and Community Services - 8644 5130**  
Doctor Referrals are needed outside the community as the service is generally for Community Help.

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### ALL HOURS HELP

**Police, Fire, Ambulance - 000**  
For immediate assistance with any medical or mental health emergency or in any situation where you are not feeling safe.

**Regional Access - 1300 032 186**  
3 Free Counselling Sessions via phone or online chat for anyone over 15 years of age living on the Eyre Peninsula!

**Mental Health Triage - 131 465**  
Immediate confidential clinical support for people having a mental health emergency. They may provide assessment over the phone or in your home and they can arrange follow up support.

**Lifeline - 131 114 || Text - 0477 13 11 14**  
A confidential service where you remain anonymous.  
An online crisis chat option also exists, for those who prefer this option.

**Kids Helpline - 1800 551 800**  
Australia's only free, private and confidential phone and online counselling service for young people aged 5 to 25.

**Men's Line - 1300 789 978**  
Phone, online or video counselling service for men with emotional health or relationship concerns.

**Suicide Call Back Service - 1300 659 467**  
Phone, online or video counselling service for people affected by suicide.

**Beyond Blue - 1300 224 636**  
Trained mental health professionals via phone or online chat that will be there to listen, provide information and advice, and point you in the right direction so you can seek further support.

**Family Drug Support - 1300 368 186**  
Their goals are to help families of alcohol and other drug users become more resilient, gain coping skills and survive their journey intact.

**Stand By - Support after Suicide - 0438 728 644**  
Contactable anytime to arrange free telephone or face-to-face support, at a time and place that is best for you. Follow up calls are continued for up to 12 months.

**Open Arms - Veterans & Families Counselling - 1800 011 046**  
A free and confidential nationwide counselling and support service for members of the serving and ex-serving community, and their families.

**1800 RESPECT - 1800 737 732**  
Support for people experiencing, or at risk of experiencing, sexual assault, domestic or family violence. Also support for friends and family, workers and professionals supporting someone experiencing, or at risk of experiencing sexual assault, domestic or family violence.

**QLife (LGBTI Service) - 1800 184 527 (\*3pm-Midnight)**  
Free telephone and webchat support, delivered by trained LGBTI community members across the country. Their services are for LGBTI individuals, their friends and families.

## REGIONAL ACCESS

Free phone and online counselling

**Call 1300 032 186**  
[saregionalaccess.org.au](http://saregionalaccess.org.au)

**Free professional counselling**

Funded by **phn** COUNTRY SA  
An Australian Government Initiative

**Call 1300 032 186**

Regional Access is a phone and online counselling service for people in regional South Australia who are feeling the pressures and stresses of everyday life.

Support is available 24/7.

Delivered by On the Line